

# THE THREE STUFFINGS

## BASIC STUFFING MIX (serves 10)

- 1lb Finely chopped onion, gently cooked in olive oil without colouring
- 3/4lb Fresh breadcrumbs (soaked in milk and squeezed dry)
- 1lb Sausage meat
- 2oz Melted butter
- 1oz Chopped Parsley
- 1/4 tsp Grated nutmeg
- 2 Eggs
- Salt & Pepper to taste

Thoroughly mix all ingredients.

## PORT & ORANGE

Mix the juice and grated rind of 2 medium oranges with 6tbsp of port. Reduce liquid by half and add to basic stuffing recipe.

## APRICOT & MANGO

Medium dice the flesh of 2 large apricots and 1 mango, add 1tspn of arrowroot and mix well, then blend with basic stuffing recipe. Take 1 bottle of brandy (4tbspns for the stuffing and the rest for yourself!). Check consistency and add more breadcrumbs if necessary - don't add any more brandy, it's a waste!

## CRANBERRY & WALNUT

Add 4oz of cranberries and 4oz chopped walnuts to the basic stuffing recipe and blend well.